



Friday 10:20 am—11:50 am

## Class Descriptions:

### 2019 NDCCPI ANNUAL CONFERENCE

#### **Hearing Loss in the Childcare Setting: What You Should Know**

Nicole Swartwout

An overview of hearing loss and its impact on the developing child will be discussed as well as how to identify red flags. One out of every 10 babies that fail a newborn hearing screening have permanent hearing loss. Of those that are identified, 19 out of 20 are in families where there is no history of childhood hearing loss. An unidentified hearing loss in a preschool or school-age child often is mistaken for inattention, socially awkward, delays in learning that get bigger every year. Yet, hearing loss is a barrier to accessing spoken language and the learning delays that can happen are NOT the result of a brain disorder. If hearing loss is addressed in infancy, learning delays, social and behavioral issues need never arise. (Karen Anderson, 2018)

#### **Doing School Differently**

Maggie Barth

Learn about the advances and changes in education and the benefits of creating a new and different environment for our learners.

#### **The Benefits of Infant Massage**

Paulette Hofer

Come and learn how to stimulate, increase interaction, relief, and relaxation with your infant/child. The benefits of massage far surpass the incredible bonding experience with your infant/child! Place this "tool" in your "tool bag" for whenever in need!

#### **Provider Portal for CCAP & Early Using the New Childhood Administration Updates**

Sam O'Brien & Amanda Carlson

The Child Care Assistance Program (CCAP) is launching a new eligibility system that will also include a provider portal. This provider portal will allow providers to submit CCAP payment request forms online. This course provides a brief overview of how to set up an NDGOV account to access the portal, how to submit billings and how to navigate the portal. This course will also give an overview of legislation and changes in administration rules for Early Childhood Programs in North Dakota.

#### **The impact of Early Literacy and Technology on Infants and Toddlers**

Mackenzie Grinsteiner

Our presentation will include information about the impact that early literacy and technology have on infants and toddlers. We will cover the benefits of early literacy and different ways to incorporate it into the daily routine of families, as well as tips to help infants and toddlers increase their early literacy skills. We will also discuss the negative effects of technology on infants and toddlers. Ways to incorporate technology in a healthy way will be included.



Friday 1:00 pm—2:30 pm

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#### **Basic Sign Language for Child Care**

Ashley Martin

Basic sign language for Child Care: The benefits of sign language and basic vocabulary used in daycare will be taught.

#### **Early Childhood Make and Takes**

Kara Koski

Participants in this session will learn about the importance of sensory development in children ages birth to 3 and beyond. There will be examples of different types of sensory development and materials used to enhance the development needed for children of those age groups. Make and takes will also be available for participants to do.

#### **Bright & Early ND - What's In It For Me?**

Pam Palmer

You've heard about Quality Rating & Improvements Systems like Bright & Early ND but maybe you are skeptical? Attend this session to understand the standards, debunk the myths, get an overview of all of the benefits (including financial), and learn how to become Quality Rated! Let us help you become recognized for all of the good things you are doing for North Dakota children!

#### **SIDS and Safe Sleep Practices**

Amanda Torgerson

Sudden Infant Death Syndrome (SIDS) is the leading cause of death among infants between one month and one year old. Each year, about 4000 infants die unexpectedly during sleep time, from SIDS, accidental suffocation, and unknown causes. Come learn about the steps you can take to support and promote safe sleep and reduce the risk of SIDS for children in your care.

#### **ND National Guard Child and Youth Program**

Mandy Malo & Mitch Barta

Describing what military children go through, ways to cope, what is needed, activities, explanation of military life, and what goes on at home.



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#### **Yogarate® Workshop**

Ron Shuali

Workshop to further dive into the Yogarate Keynote Participants will be introduced to a movement system that incorporates age appropriate martial arts and yoga while teaching essential life skills like respect and belly breathing. The Yogarate® class begins with high energy body strength building and respect-filled martial arts, then flows smoothly into yoga with a few sun salutations followed by an age appropriate calming meditation. By the end of the workshop, participants will be able to teach a full 30 minute Yogarate® class. Namastahyah! Walk through a sun salutation combining movements and identify different types of deep breathing for different situations. Develop the skills to teach two self defense martial arts techniques through a four step process. Examine a new method of communicating aligned with the human body design for maximum understanding from child or adult

#### **Doing School Differently**

Maggie Barth

Learn about the advances and changes in education and the benefits of creating a new and different environment for our learners.

#### **Coming to Terms: How to Effectively Use Contracts and Policies**

Tom Copeland

Participants will learn how to establish an effective contract and policies and enforce their agreements with parents. Content includes: \* How to establish a business relationship with parents. \* The four key elements of a contract. \* How a contract and policies differ. \* How to resolve conflicts and enforce agreements. \* How to write a transportation policy that protects you and the children in your care.

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#### **Developmental Milestones for birth to 3 years**

Amber Kuntz

In this session we will focus on teaching typical developmental milestones in all areas of development for ages birth to 3. We will also look at red flags and atypical development for the same ages and provide information on referral options for screenings if you have a concern about a child not meeting their milestones.

#### **Baby basics: feeding, sensory, and safe places for baby to sleep/play**

Ginny Hamilton

Come join us to learn more about where and how babies should be sleeping and playing, including information about different "containers" for babies. We will also talk about early feeding and how to introduce this with babies and young children. With this, we will incorporate some basic sensory factors to consider with feeding and other activities.



Saturday 1:00 pm—2:30 pm

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#### Mastering Record Keeping & Tax Prep

Tom Copeland

Participants will learn how to keep essential business records, claim proper deductions and legally reduce their taxes. Content includes: \* Updates on current IRS rulings affecting providers. \* How to claim food expenses using the standard meal allowance rule. \* The key record keeping rules that will save you money. \* How to calculate your Time-Space percentage to maximize your deductions. \* How to depreciate your furniture, appliances, home improvements, home. \* How to avoid mistakes when hiring family members and other employees. \* What to look for in a tax preparer.

#### Arby's to Zale's: Reading the World Around Us!

Jennifer Baumann

Literacy is essential in early childhood environments. Join us for some hands on activities that promote reading, writing, and communications. We will explore different materials to aid you in being confident in implementing the ideas in your program right away!

#### Early Childhood Make and Takes

Kara Koski

Participants will learn about the importance of sensory development in children ages birth to 3 and beyond. There will be examples of different types of sensory development and materials used to enhance the development needed for children of those age groups. Make and takes will also be available for participants to do.

#### Tools for your Pocket: Dramatic Play

Sara Mwangura

What is an adult's role in child-led play? This course looks at the importance of higher level socio-dramatic play in children's development, how environmental set-up can inspire different types of play, and how adults can provoke different and deeper ways of playing for children at all ages.

#### The Beauty of Mixed Age Groups

Beth Wolff

"The Beauty of Mixed Age Groups" ...Beth likes to think of a mixed age group as a palette filled with beautiful colors; each one blending into another, allowing some to mix and form vivid new shades. Unlike an artist canvas, children are not blank when they start their day with us; they arrive already created, full of ideas. The relationships they have with one another fills your program with lasting friendships. Just as an artist may use different brushes for different techniques, we as professionals understand that each age group is at a different point of growth. Beth will help participants work through the struggles various ages can bring and see the beauty of mixed aged groups in all settings: family, group and center. Participants will be challenged to look beyond the traditional grouping of children according to age and encouraged to see the value of mixed aged groups. Beth will share thoughts on how the children's interactions with one another help them to grow into well-rounded individuals with empathy and consideration of other's no matter their age or abilities.

# 2019 NDCCPI ANNUAL CONFERENCE

Saturday 2:45 pm—4:15 pm Class Descriptions:

## **Director of the Ship—Ron Shuali**

Being a director/principal means wearing many hats. Whether you are accommodating a parent or guiding a teacher, having flexibility and the ability to lead by example allows for greater success. Imagine learning a different way of speaking to successfully communicate with parents, teachers and students effectively. How to eliminate certain phrases and words to achieve a successful solution to a problem. How to handle challenging parents & staff effectively and calmly. Leading with kindness vs commands. 3 breathing techniques to increase energy or calm oneself immediately. How to train children (and adults) to follow instructions without resistance. How to entice staff to be prepared to contribute in staff meetings. How to delegate responsibilities to grow and inspire staff to improve teacher retention and discover future leaders from within.

## **Fun Tips, Tricks and Ideas—Linda Schroeder**

Over the past 28 years I have learned a few things. I will share routines, games, meal prep along many ideas that the kids LOVE! Not only will they save you time but they will help you keep your sanity!

## **Little Children, BIG Challenges: FREE Sesame Street Resource-palooza—Molly Flaspohler**

Sesame Street's "Little Children, Big Challenges" initiative provides tips, strategies, and resources that help adults and children (ages 2-5) build important resilience and perseverance skills. An important factor in building these skills is the presence of a caring, supportive adult who can help a young

child cope with challenges, both big and small. Which is why Sesame Street Workshop provides FREE tools to guide parents and other caregivers as they empower children to transform everyday challenges (e.g., divorce, grief, parent incarceration, etc.) into opportunities. This session will be a resource-filled exploration into lots of Sesame Street's most useful toolkits, media, and online applications. If you have an electronic device, bring it along and really join in on the fun!

## **Tools for your Pocket: Dramatic Play**

Sara Mwangura

What is an adult's role in child-led play? This course looks at the importance of higher level socio-dramatic play in children's development, how environmental set-up can inspire different types of play, and how adults can provoke different and deeper ways of playing for children at all ages.

## **Reducing Your Risks: Legal & Insurance Issues**

Tom Copeland

Participants will learn how to protect the children in their care, their property and themselves. Content includes: \* Self-protection checklist to help reduce risks. \* Insurance: homeowner's and business property insurance. \* Insurance: business liability and car. \* Legal issues: custody disputes, price fixing, privacy, Americans with Disabilities Act. \* How to find and use a lawyer.

## **Waaaaaay Beyond Community Helpers**

Gill Robertson

Research shows us that children learn best through play and exploration. Gill leads us through her adventures in and around her community and back to her outdoor space as a family child care provider working with a multi age group. They will take you with them as they explore the community, embracing every adventure as a learning opportunity. From watching the build of a new hotel with the lead builder demonstrating how to pour cement to learning how to pour cement to making stepping stones and a cement fairy hotel the children are learning while looking for evidence of fairies. They harvest local chokecherries to make jam and syrup or crab apples for sauce and willow branches for a house or tunnel. Exploring the science of puddles and physics of the trees and hills the children run through the water and explore wooded areas & hiking trails. The children visited the vet with the cat and learned how to handle the death of a pet. On a walk the children explored the decomposing bird found and planned for a funeral. Throughout their time in the local environment Gill asked philosophical questions and documented children's responses with the objective being to increase children's confidence and independent thought.

